

Become an EPEC Trainer

Hyatt Regency Bellevue
June 23 - 25, 2006



The EPECTM Project

Education in Palliative and End-of-life Care

Seattle



NORTHWESTERN
UNIVERSITY

This program is sponsored by The EPEC Project, Northwestern University's Feinberg School of Medicine

The EPEC Project

The mission of The EPEC Project is to increase the core skills of palliative care for all physicians. At the heart of the Project is the *EPEC Curriculum*. It provides physicians and other members of the interdisciplinary team with basic knowledge and skills needed to care for dying patients. With continued dissemination of the *Curriculum*, the EPEC Project aims to serve as the *Virtual College of Palliative Care*.

Conference Objectives

The EPEC Team invites physicians and other members of the health care team to become EPEC Trainers. As an EPEC Trainer, you will work within your organization and community to teach practicing physicians and other health care professionals the core competencies of palliative care for at least one year following this conference. In this role, you will join a team of over 1,700 current EPEC Trainers who are helping to change the experience of illness, dying and bereavement for patients, families and health care providers.

Learning the Content - Days 1& 2

This two and one-half day conference will provide the basic tools you will need to become an EPEC Trainer. Master facilitators and national experts in palliative care will present four plenary and 13 interactive small-group sessions. Master facilitators will demonstrate a number of different teaching styles including didactic presentations, case-based discussions and role-plays. There will be considerable opportunity for interaction between master facilitators and participants about both the content and the teaching techniques. After these sessions, you should be able to:

- Describe the gaps, elements and models of end-of-life care, and related legal issues
- Explain the principles of pain management and recognize other common symptoms, including dyspnea, nausea/vomiting, constipation, depression, anxiety, delirium
- State strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing treatment
- Identify approaches to effective communication, decision-making about goals of care, advance care planning and whole patient assessment

Applying Teaching Skills - Day 3

Participants will have the opportunity to plan a portion of one of the EPEC modules with their peers.

"First rate instructors, good interaction that imparts information that all practicing physicians can benefit from and improve patient care. Inspired a passion to pass along what I have learned."

Become an EPEC Trainer conference participant, Chicago 2003

"I have learned techniques that are important in managing the care of my patients who are dying. Improved my communication skills and I can discuss care with my colleagues in an effective manner."

Become an EPEC Trainer conference participant, Charleston 2005

"It was very uplifting and refreshing to be surrounded by physicians with a sense of commitment to addressing the needs of patients throughout their life, death, and beyond."

Become an EPEC Trainer conference participant, Berkeley 2003

"This course helped me put everything together. It made me reevaluate what I had done, what I did right, and what I could have made better."

Become an EPEC Trainer conference participant, Berkeley 2003

CONFERENCE AGENDA

Friday, June 23, 2006

- 7:30am Registration/Continental Breakfast
- 8:15am Welcome and Opening Remarks
- 8:50am Plenary 1: Gaps in End-of-life Care
- 10:00am Module 1: Advance Care Planning
- 11:00am Module 2: Communicating Bad News
- 12:00pm Module 3: Whole Patient Assessment
- 12:50pm Lunch
- 2:00pm Module 4: Pain Management
- 3:00pm Module 5: Physician-Assisted Suicide
- 4:00pm Module 6: Depression, Anxiety, Delirium
- 5:00pm Plenary 2: Legal Issues
- 5:45pm Adjourn

Saturday, June 24, 2006

- 8:00am Continental Breakfast
- 8:30am Opening Remarks
- 9:00am Plenary 3: Elements/Models of End-of-life Care
- 10:00am Module 7: Goals of Care
- 11:00am Module 8: Sudden Illness
- 12:00pm Module 9: Medical Futility
- 12:50pm Lunch
- 2:00pm Module 10: Common Physical Symptoms
- 3:00pm Module 11: Withholding/Withdrawing
- 4:00pm Module 12: Last Hours of Living
- 5:00pm Training of Trainers
- 6:15pm Adjourn

- 2 ½ days of four plenary and 13 small group sessions
- Low participant-to-faculty ratio
- Exposure to national experts in end-of-life care
- 20.25 hours of CME credit
- *EPEC Curriculum*
- EPEC Trainer network

Sunday, June 25, 2006

- 7:30am Continental Breakfast
- 8:00am Small Group Planning
- 10:30am Small Group Discussion on Self-Care
- 11:30am Plenary 4: Next Steps
- 12:15pm Adjourn

All participants will receive a complete copy of the *EPEC Curriculum*, including The Trainer's Guide (with trigger videos on DVD, over 600 electronic slides on CD-ROM), and the Participant's Handbook (with the full syllabus and slide handout pages). Retail value is \$250.

Faculty and Conference Speakers

Linda L. Emanuel, MD, PhD
Principal, The EPEC Project
Buehler Center on Aging
Northwestern University's Feinberg School of
Medicine
Chicago, IL

Michael Preodor, MD, FACP
Director, The EPEC Project
Buehler Center on Aging
Northwestern University's Feinberg School of
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Joshua M. Hauser, MD
Associate Physician, The EPEC Project
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Arthur Derse, MD, JD
Director for Medical and Legal Affairs
Center for the Study of Bioethics
Medical College of Wisconsin
Milwaukee, WI

Gail Gazelle, MD, FACP, FAAHPM
President, Palliative Care Associates, P.C.
Assistant Clinical Professor of Medicine, Harvard
Medical School
Boston, MA

S. Lawrence Librach, MD, CCFP, FCFP
Director of Palliative Care
Mt. Sinai Hospital
Toronto, Ontario, Canada

Jeanne M. Martinez, RN, MPH, CHPN
Quality and Education Specialist
Northwestern Memorial Home Health Care
Chicago, IL

Elizabeth S. Menkin, MD
Geriatrician and Hospice Medical Director,
Kaiser San Jose
San Jose, CA

Tammie Quest, MD
Assistant Professor
Emory University Department of Emergency
Medicine
Director of Postgraduate Education, Emory
University School of Medicine
Atlanta, GA

Francine Rainone, PhD, DO, MS
Director of Community Palliative Care
Department of Family Medicine
Montefiore Medical Center
Bronx, NY

Accreditation and Credit Designation

The Northwestern University's Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Northwestern University's Feinberg School of Medicine designates this educational activity for a maximum of 20.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For nurses, a maximum of 19 Continuing Education (CE) credits will be awarded by the Hospice of the Comforter.

Participants will receive EPEC Trainer certificates pending completion of all conference sessions.

Application Process

The EPEC Project needs to approve a plan designed to teach EPEC to others. A plan of action and a letter of institutional support must be submitted for EPEC Team review and approval. The plan of action should have two parts; each should be concise and complete:

1) Description of registrant(s) -- Professional background, position(s) within the institution, interest in EPEC and why the registrant(s) is/are well positioned to "roll out" the plan of action in institution/community (CV's may be included)

2) Specific plan to implement EPEC -- Cited timeline for plan within 12 months after training, number of people and discipline(s) who will be targeted and why, frequency of presentations in the subsequent year and in what context (e.g., grand rounds, lecture series, full 2 ½ day program)

Note: An institutional letter of support should come from leadership of the registrant's organization who can confirm that resources and support will be available to implement the EPEC plan of action.

Conference Location and Accommodations

The program will be held at the Hyatt Regency Bellevue: 900 Bellevue Way NE; Bellevue, Washington, 98004-4272. For your convenience, a block of rooms has been reserved at the Hyatt Regency at a reduced rate of \$149 per night. To make reservations, contact the hotel directly at 800-223-1234 and reference the EPEC Project. The deadline for hotel registration at the reduced rate is Wednesday, June 7, 2006. Space is limited, so please register early.

Registration Form

Become an EPEC Trainer, Seattle 2006

Name	Title
Organization/Institution	
Address (City, State/Province, Zip)	
Phone	Fax
Email	
Degree/Discipline	Specialty

Enclose a check made payable to The EPEC Project or provide credit card information below:

Amount _____ Check Visa MasterCard
Credit Card # _____ Exp. Date: _____
Signature: _____

Please check here if you do not want to be contacted by our partner organizations:

How to Apply

You will be making a commitment to teach other health care professionals and trainees in end-of-life care, hospice and/or palliative care using the *EPEC Curriculum*. All applications must include:

- Teaching plan for at least one year following the program
- Letter supporting your plan from one of your institution's leaders
- Completed registration form
- Registration fee

Please send your completed applications to us at least 2 weeks before the conference. The EPEC Team will review all applications and teaching plans. You will be notified of your acceptance within two weeks of receipt of your application.

Mail completed applications, including registration form, registration fee, one-year teaching plan and letter of support to:

The EPEC Project
Northwestern University's Feinberg School of Medicine
750 N. Lake Shore Drive, Suite 601
Chicago, IL 60611
Tel: 312-503-EPEC (3732) Fax: 312-503-5868
www.epec.net E-mail: info@epec.net

Registration Fee

\$795 in advance
\$895 postmarked after Friday, May 19, 2006

Cancellation Policy

Approved applicants who are unable to attend this conference may apply a one-time transfer to participate in a future conference. Registration refunds and cancellation requests must be received in writing to The EPEC Project. The paid registration fee minus a \$50 handling fee will be refunded after the conference. No refunds will be provided for cancellations postmarked after Friday, May 19, 2006.

On-site Registration

The EPEC Project will not be able to guarantee on-site registrants. Individuals will be permitted to attend on a first come basis, space providing. All accepted attendees will be accountable for submitting a completed letter of support after the conference. An additional \$50 fee will be charged for on-site registrations.

Registration Hours

Participant registration begins at 7:30am on Friday, June 23, 2006 at the conference site.



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For more information on The EPEC Project, please visit:

www.epec.net